

# Health-Promoting Spaces Audit Checklist

*A practical tool for reviewing learning, clinical, research, and work environments*

## Accessibility and Universal Design

- ☐ Entrances, pathways, elevators, and shared spaces are physically accessible and unobstructed
- ☐ Signage and wayfinding supports are clear, visible, and accessible
- ☐ Furniture and workspaces support diverse ergonomic and accessibility needs
- ☐ Assistive technologies and accessibility supports are available where needed
- ☐ Quiet, low-sensory, or restorative spaces are available where feasible

## Inclusion, Belonging, and Cultural Safety

- ☐ Shared spaces reflect inclusive and culturally respectful environments
- ☐ All-gender washrooms, lactation spaces, and reflection spaces are available and accessible
- ☐ Artwork, signage, and displays reflect diversity and belonging
- ☐ Learners, staff, and community members engaged in space planning and improvement discussions
- ☐ Space policies and practices support equitable access and participation

## Health, Wellbeing, and Restoration

- ☐ Staff and learners have access to functional break, rest, or decompression spaces
- ☐ Natural light, ventilation, and air quality are considered within learning and work environments
- ☐ Healthy food, hydration, and active transportation supports are available where feasible
- ☐ Outdoor or restorative environments are accessible and maintained
- ☐ Environments support rest, recovery, and sustainable work and learning practices

## Physical and Psychological Safety

- ☐ Indoor and outdoor spaces are well-lit and feel safe to navigate
- ☐ Emergency supports and safety information are visible and accessible
- ☐ Private spaces are available for mentoring, counseling, or support conversations
- ☐ Spaces support respectful, psychologically safe, and trauma-informed interactions
- ☐ Environments support physically safe work and learning practices, and ergonomic considerations

## Supportive Learning, Clinical, and Organizational Cultures

- ☐ Teaching, study, and collaboration spaces support diverse learning and work needs
- ☐ Hybrid learning and accessibility technologies are functional and available
- ☐ Debriefing, mentoring, or reflection spaces are available where appropriate
- ☐ Space use and workflows support respectful, inclusive, and supportive practices
- ☐ Staff and learners are encouraged to provide feedback on environmental concerns

## Sustainable and Adaptable Environments

- ☐ Sustainable practices are integrated into facilities and operational planning
- ☐ Spaces are flexible and adaptable to evolving community and operational needs
- ☐ Maintenance and improvement processes support long-term usability and wellbeing
- ☐ Environmental sustainability considerations are included in planning and renovation decisions
- ☐ Processes exist for ongoing review and improvement of learning and work environments