



STRATEGIC DIRECTION #1

Develop and Implement Health-Promoting Policy

Review, develop, and coordinate policies and practices that embed health, wellbeing, equity, and sustainability into institutional planning, decision-making, and accountability processes.

WHY POLICY MATTERS

Policy is one of the most powerful levers for shaping our daily experiences.

When wellbeing is embedded in policy, it becomes a shared institutional responsibility rather than an individual burden.

POLICY SHAPES:



DECISIONS

How choices are made



EXPECTATIONS

The standards and behaviours we value



RESOURCE ALLOCATION

How resources are distributed



ACCOUNTABILITY

Who is responsible and how progress is measured



ORGANIZATIONAL CULTURE

The environment people experience every day

KEY COMPONENTS OF EFFECTIVE HEALTH-PROMOTING POLICY



1 Governance & Leadership

Establish accountability and oversight for health-promoting policy.



2 People & Participation

Engage diverse perspectives in policy development and review.



3 Resources & Infrastructure

Invest in the resources needed to support implementation and evaluation.



4 Shared Commitment to Wellbeing

Embed health and wellbeing into institutional decision-making.

PUTTING POLICY INTO PRACTICE



REVIEW

Review existing policies through a health, equity, and wellbeing lens.



ENGAGE

Engage learners facility, staff, researchers, and partners to understand needs and perspectives.



IDENTIFY

Identify gaps, barriers, and unintended impacts.



IMPLEMENT

Implement, communicate, and integrate policies into everyday practice and decisions.



EVALUATE

Evaluate effectiveness and make improvements based on feedback and evidence.



KEY TAKEAWAY

Health-promoting policies create the structures, expectations, and accountability mechanisms that shape culture, guide decisions, allocate resources, and support healthier, more equitable, and sustainable learning and work environments for all.